

CUTTING EDGE
SOLUTIONS

Sysco



Chicken Twists™





Crispy, flavorful **Tyson® Chicken Twists** are tender, marinated chicken breast strips coated with crunchy breading delivered in unique and fun, snackable shapes. With a bold taste and 12 grams of protein per serving, they deliver an innovative and versatile menu selection that can be served as an appetizer, small plate, entrée topper or side. Chicken Twists are available in two delicious lightly coated varieties.

Pretzel Chicken Twists have tender white meat chicken on the inside with a crunchy, sweet pretzel exterior.

Homestyle Chicken Twists have a traditional homemade-flavored golden crisp crust surrounding tender, juicy white meat chicken.

Features and Benefits

- Innovative, perfectly portioned protein for snacking, small plates, and appetizers
- Versatility creates a unique product that an operator can utilize across the menu
- Unique and imperfect shapes increase customer appeal
- High protein chicken appetizer or snack that delivers on consumers' desire for indulgent and craveable options
- Saves time in the kitchen; cooks from frozen state
- High speed of prep to table saves time and reduces labor for operators; bake in 9 to 11 minutes and fry in 3 minutes
- 51% of small plate purchasers say they are more willing to try a new item on small plates instead of an entrée, driving the opportunity to gain trial of this product¹

Source:
1 THG Culture of Food 2015

Ingredients

PRETZEL FLAVORED CHICKEN TWIST: CONTAINS: WHEAT

HOMESTYLE CHICKEN TWIST: CONTAINS: MILK, WHEAT

Menu Ideas

- **Smothered Korean Fried Chicken Twists:** Deep-fried crispy chicken twists doused in spicy Korean gochujang BBQ sauce, topped with scallions, kimchi and pickled yellow daikon, sliced red radishes and black sesame seeds*
- **Mini German Pretzel Chicken Rolls:** Split-top rolls filled with pretzel-coated fried chicken twists with tangy red cabbage-carrot-green apple slaw and creamy horseradish-mustard sauce*
- **Fried Chicken Twist Greek Salad:** Crispy seasoned fried chicken twists on a bed of mixed baby greens with red beets, kalamata olives, baby cucumbers, heirloom tomatoes, shaved red onion, crumbled feta cheese and pepperoncini, served with creamy cucumber-tzatziki yogurt dressing and pita chips*
- **Oktoberfest Chicken Flatbread:** German-inspired flatbread topped with whole-grain mustard, pretzel-crust chicken twists, smoked Gouda cheese, baby red skin potatoes, Granny Smith and Gala apples and baby arugula*

**pictured*

Preparation Instructions

Cook from frozen.

- **Convection Oven:** 350°F for 9-11 minutes.
- **Fryer:** 2-3 minutes.
- **Conveyor Oven:** 450°F for 5-6 minutes.

SUPC	Pack/Size	Brand	Description
7071253	2/5 lb.	TYSON	CHICKEN BRD TWISTS PRETZEL PCK
7071248	2/5 lb.	TYSON	CHICKEN BRD TWISTS HOMESTYLE PCK

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