



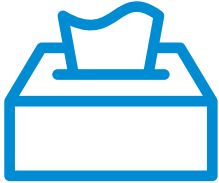
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tips to avoid **CONTAMINATION**



CLEAN YOUR HANDS

regularly wash with soap for at least 20 seconds.
Use hand sanitizer whenever soap is not available.



COVER YOUR MOUTH AND NOSE

with a tissue when coughing or sneezing or use the
inside of your elbow. Throw used tissues in the trash.



STAY HOME WHEN YOU ARE SICK

especially if you have a fever or other symptoms,
except to get medical care.



AVOID CONTACT

with anyone who is sick. Keep six feet between others
when possible to reduce possible transfer.



KEEP YOUR AREA CLEAN

by disinfecting surfaces around you. Especially those
that other people touch. ie counters, handles, and doors.

More information can go here

