

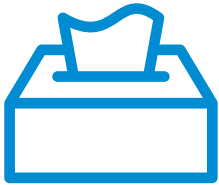


tips to avoid **CONTAMINATION**



CLEAN YOUR HANDS

by regularly washing with soap for at least 20 seconds. Use hand sanitizer whenever soap is not available.



COVER YOUR MOUTH AND NOSE

with a tissue when coughing or sneezing or use the inside of your elbow. Throw used tissues in the trash.



STAY HOME WHEN YOU ARE SICK

especially if you have a fever or other symptoms, except to get medical care.



AVOID CONTACT

with anyone who is sick. Keep six feet between others when possible to reduce possible transfer.



KEEP YOUR AREA CLEAN

by disinfecting surfaces around you. Especially those that other people touch. ie counters, handles, and doors.