



Staying Well at Work

Preventing Illness & Establishing Healthy Practices

Solution

According to the Centers for Disease Control & Prevention (CDC), U.S. workers miss an estimated 70 million workdays annually due to succumbing to illness (cold & flu). The resulting payout in sick days and lost productivity is staggering with roughly \$10.4 billion in direct costs for hospitalizations and outpatient visits for adults.

Employees are a crucial resource for any business. In foodservice and hospitality, they are the front line to your customers and the engine behind preparing and serving your product. You can't operate without them.

Protect your business and take the smart steps now to help protect the health of your employees- as well as guard your customers against illness- with **Healthy Habits eStart™**. This 20-30 minute online course provides your employees with critical information to prepare for, respond to and prevent the spread of infectious disease in your workplace. Using CDC and NIH recommendations and protocols to educate on best practices, this interactive training program- specifically geared for the foodservice industry- is a must-have in a climate of strengthening cold strains, flu and viral infectious disease.

Investment

Healthy Habits eStart™ is available for \$249.00 for 1 year. For this purchase price, a location will receive access to the course for 30 employees as well as the benefits of our Learning Management System for record management and data storage of the operation's training statistics.

Healthy Habits eStart™

**Protecting your business,
employees & customers.**

Topics covered:

- Understanding Germs, Bacteria & Viral Disease
- The Common Cold & the Flu*
- How Illness Spreads
- General Healthy Habits
- Workplace Strategies to Prevent Illness
- Focusing on Illness in the Foodservice Environment
- Proper Handwashing Technique

*With new supplemental content on Coronavirus (COVID-19) & appropriate workplace behavior when dealing with communicable diseases

For more information visit:
<https://foodservicetrainingportal.com/healthyhabits>

