



Sysco[®]
At the heart of
food and service

GRAB&Go



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Innovation extends beyond ingredients. With the COVID-19 pandemic causing operators across the country to cease dine-in services for the foreseeable future, the opportunity to offer portable, prepackaged grab and go items can be a profitable solution to navigate the current shift in foodservice operations. As many operators are dealing with reduced staff, you'll find these labor-saving grab and go items easy to incorporate into your operation.

Although authorities are restricting dine-in services across the country, these grab and go items offer conveniently delicious options that are ready to use for to-go, delivery, and third-party delivery services. To help reduce the spread of Covid-19. Remind your staff to wear gloves when handling food items, even pre-packaged grab and go items, including handing the bags to customers as this helps to promote consumer confidence.

Check with your Marketing Associate for local availability.



Individually Wrapped Cookies from Baker's Source



Individually wrapped cookies from Baker's Source offer a safe, turnkey option that is consistently delicious to operators who want to satisfy their customer's cravings for something sweet. Inspire consumer confidence as these pre portioned cookies are individually wrapped.

Our one-ounce cookies offer great flavor in a smaller portion. They are available in Chocolate Chip, Oatmeal Raisin, Peanut Butter, and Sugar Cookie varieties.

The three-ounce size offers a soft and chewy gourmet option. Each cookie also features a scannable label that contains nutritional and ingredient information making them a perfect choice for a grab and go retail offering. Maximize your profits with these large cookies. Available in Chocolate Chip, Snickerdoodle, Chocolate Chip Macadamia Nut, Oatmeal Raisin, Peanut Butter with Reese's Pieces® and Chocolate Chip with M&Ms®.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
COOKIE CHOCOLATE CHIP CLEAR INDIVIDUALLY WRAPPED	0099117	144	1 OZ	BAKERS SOURCE
COOKIE OATMEAL RAISIN CLEAR INDIVIDUALLY WRAPPED	0099806	144	1 OZ	BAKERS SOURCE
COOKIE PEANUT BUTTER CLEAR INDIVIDUALLY WRAPPED	0099816	144	1 OZ	BAKERS SOURCE
COOKIE SUGAR CLEAR INDIVIDUALLY WRAPPED	0105789	144	1 OZ	BAKERS SOURCE
COOKIE CHOCOLATE CHIP CLEAR INDIVIDUALLY WRAPPED	0105831	48	2 OZ	BAKERS SOURCE
COOKIE CHOCOLATE CHIP CLEAR INDIVIDUALLY WRAPPED	0105985	48	3 OZ	BAKERS SOURCE
COOKIE SNICKERDOODLE CLEAR INDIVIDUALLY WRAPPED	0106007	48	3 OZ	BAKERS SOURCE
COOKIE WHITE CHIP MACADAMIA CLEAR INDIVIDUALLY WRAPPED	0106011	48	3 OZ	BAKERS SOURCE
COOKIE OATMEAL RAISIN CLEAR INDIVIDUALLY WRAPPED	0105991	48	3 OZ	BAKERS SOURCE
COOKIE PEANUT BUTTER CLEAR INDIVIDUALLY WRAPPED	0106027	48	3 OZ	BAKERS SOURCE
COOKIE M&M CLEAR INDIVIDUALLY WRAPPED	0106033	48	3 OZ	BAKERS SOURCE



Individually Wrapped Muffins & Danishes from Baker's Source

Crafted with premium ingredients, these high-quality and individually wrapped ready-to-eat muffins and danishes have a delicious taste that maintains its flavor and freshness. To reduce time and labor, conveniently thaw and serve these muffins in a variety of applications all through the day.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
MUFFIN BLUEBERRY INDIVIDUALLY WRAPPED	1616960	24	4.25 OZ	BAKERS SOURCE
MUFFIN BANANA NUT INDIVIDUALLY WRAPPED	1616978	24	4.25 OZ	BAKERS SOURCE
MUFFIN ASSORTED BLUEBERRY BANANA INDIVIDUALLY WRAPPED	7813114	24	4.25 OZ	BAKERS SOURCE
MUFFIN CHOCOLATE CHIP DOUBLE INDIVIDUALLY WRAPPED	7813332	24	4.25 OZ	BAKERS SOURCE
DANISH PASTRIES ASSORTED INDIVIDUALLY WRAPPED	2118418	24	3 OZ	BAKERS SOURCE
DANISH PASTRIES ASSORTED MINI INDIVIDUALLY WRAPPED	2140141	60	1.25 OZ	BAKERS SOURCE

Individually Wrapped Waffle from Sysco Classic

Add variety, value and innovation to your grab-and-go options while delivering mouthwatering flavor, aroma, and texture in every bite. These individually wrapped, 7-inch round Belgian waffles are light and crisp with a sweet vanilla flavor that is consistent in freshness and offer a convenient way to customize you grab-and-go offerings with fresh fruits and toppings.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
WAFFLE BELGIAN ROUND BAKED 7" INDIVIDUALLY WRAPPED	6794028	36	5 OZ	SYSCO CLASSIC



Individually Wrapped Sandwiches from Block & Barrel



Individually wrapped breakfast sandwiches are a convenient and versatile grab-and-go item that's adaptable across the menu from stand-alone offerings to unique flavor options that can enhance your breakfast offerings throughout the day. Frozen and ready to heat and serve offers consistency as well as time and labor savings allowing you to bake what you need with no waste.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
CHEESE CHEDDAR MILD MINI YELLOW INDIVIDUALLY WRAPPED	0099117	96	.75 OZ	BLOCK & BARREL
SANDWICH BAGEL EGG CHEESE SAUSAGE INDIVIDUALLY WRAPPED	3365145	24	6.1 OZ	BLOCK & BARREL
SANDWICH BISCUIT SAUSAGE INDIVIDUALLY WRAPPED	3381050	24	3.6 OZ	BLOCK & BARREL
SANDWICH BISCUIT SAUSAGE EGG CHEESE INDIVIDUALLY WRAPPED	3381092	24	6.4 OZ	BLOCK & BARREL
SANDWICH BISCUIT BACON EGG & CHEESE INDIVIDUALLY WRAPPED	3390887	24	5.6 OZ	BLOCK & BARREL
SANDWICH STUFFED HAM CHEESE INDIVIDUALLY WRAPPED	1220581	24	4 OZ	BLOCK & BARREL
SANDWICH STUFFED PEPPERONI READY-PREPARED HOT POCKET	1220599	24	4 OZ	HOT POCKETS

Individually Wrapped Snack Sticks from Block & Barrel



Add these high protein snacks to your grab & go assortment! Available in four flavors: Teriyaki, Beef & Pork, Sriracha Beef & Pork, Pepper Jack Turkey and Beef. Fully Cooked, No MSG and 0 trans-fat per serving.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
BEEF PORK TERIYAKI SNACK STICK	7063056	2	26 CT	BLOCK & BARREL
BEEF PORK SRIRACHA SNACK STICK	7063061	2	26 CT	BLOCK & BARREL
BEEF SNACK STICK	7063055	2	26 CT	BLOCK & BARREL
TURKEY STICK PEPPER JACK SNACK	7065381	2	26 CT	BLOCK & BARREL



Individually Wrapped Potato Chips from Block & Barrel



Made with the utmost regard to quality and flavor. Our crispy, savory, crave-able potato chips are a perfect complement to any deli sandwich, hamburger, hot dog or panini. We challenge you to eat just one! Available in Thin, Ripple, Kettle and Corn Chips in a wide variety of flavors.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
CHIP POTATO ORIGINAL KETTLE	2766104	48	1.5 OZ	BLOCK & BARREL
CHIP POTATO SWEET MAUI ONION KETTLE	2766148	48	1.5 OZ	BLOCK & BARREL
CHIP POTATO BARBECUE KETTLE	2766180	48	1.5 OZ	BLOCK & BARREL
CHIP POTATO JALAPENO KETTLE	2766190	48	1.5 OZ	BLOCK & BARREL
CHIP POTATO VARIETY KETTLE	2766242	48	1.5 OZ	BLOCK & BARREL
CHIP POTATO RIPPLE	7073977	70	1 OZ	BLOCK & BARREL
CHIP POTATO BARBECUE	7073981	70	1 OZ	BLOCK & BARREL
CHIP POTATO SOUR CREAM AND ONION	7074348	70	1 OZ	BLOCK & BARREL
CHIP CORN	6086340	90	1.25 OZ	BLOCK & BARREL





Individually Wrapped Assorted Snacks

We love to snack! Peanuts, Popcorn, Candy and more. Snacking is the new normal in which consumers eat. Three identified times are turning into 6-7 smaller meals per day. Add snacks to your operation for more grab & go options. Individually wrapped products are free of contamination.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
SNACK CHEESE CRNCH HOT LIM XVL	4259030	28	3.1 OZ	CHEETOS
SNACK CHEESE CRUNCHY BAKED	6787085	64	1.5 OZ	CHEETOS
SNACK CHEESE CRUNCHY BKD WHLGR	4360762	104	.88 OZ	CHEETOS
SNACK CHEESE CRUNCHY HOT XVL	1593803	28	3.3 OZ	CHEETOS
SNACK CHEESE CRUNCHY SINGLE-SERVING	8083040	104	1 OZ	CHEETOS
SNACK CHEESE CRUNCHY XVL	1522683	28	3.3 OZ	CHEETOS
SNACK CHEESE FANTASIX CHILI	5261708	104	1 OZ	CHEETOS
SNACK CHEESE FLAMIN HOT BKD WG	4360776	104	1 OZ	CHEETOS
SNACK CHEESE JMBO PUFFS	4259051	21	2.5 OZ	CHEETOS
SNACK CHEESE PUFF JUMBO	3387097	64	1.3 OZ	CHEETOS
SNACK CHEESE PUFF SIMPLY WHITE	7052264	64	1.25 OZ	CHEETOS
SNACK CHEESE PUFFED REDUCED FAT WHOLE GRAIN HOT	2255804	72	1 OZ	CHEETOS
SNACK CHEESE PUFFS JUMBO BAKED	4907550	88	1 OZ	CHEETOS
SNACK CHEESE WHITE CHEDDAR CRISP POPPABLES	9902688	64	1 OZ	LAYS
SNACK BAR BERRY MEDLEY SPECIAL K	33345640	8	12 CT	KELLOGGS
SNACK BAR CARAMEL ALMOND SEA SALT	2927210	6	12 CT	KIND LLC
SNACK BAR CEREAL RICE KRISPIES WHOLE GRAIN	2880189	80	1.4 OZ	KELLOGGS
SNACK BAR CHOCOLATE DARK CHERRY CASHEW	1185855	6	12 CT	KIND LLC
SNACK BAR CRANBERRY ALMOND PLUS	7942978	6	12 CT	KIND LLC
SNACK BAR DARK CHOCOLATE NUT SEA SALTED	1367210	6	12 CT	KIND LLC
SNACK BAR FRUIT & NUT DELITE	8421560	6	12 CT	KIND LLC
SNACK BAR GRANOLA ALMOND SWEET AND SALTY	5056757	128	1.2 OZ	NATURE VALLEY
SNACK BAR GRANOLA OATS 'N HONEY	3660370	108	1.5 OZ	NATURE VALLEY
SNACK BAR GRANOLA PEANUT SWEET AND SALTY	4888500	128	1.2 OZ	NATURE VALLEY
SNACK BAR GRANOLA TRAIL MIX FRUIT	6662415	128	1.2 OZ	NATURE VALLEY



Individually Wrapped Assorted Snacks Continued

DESCRIPTION	SUPC	PACK	SIZE	BRAND
SNACK BAR GRANOLA VARIETY 3 FLAVOR	7082091	1	70 CT	NATURE VALLEY
SNACK BAR GRANOLA VARIETY PACK	6056741	120	1 OZ	NATURE VALLEY
SNACK BAR PEANUT BUTTER DARK CHOCOLATE	2640221	6	12 CT	KIND LLC
SNACK BAR PRO SPECIAL K PEANUT CHOCOLATE	6198349	6	CT	KELLOGGS
SNACK BAR PRO SPECIAL K STRAWBERRY	7205741	48	1.5 OZ	KELLOGGS
SNACK BAR PROTEIN CHOCOLATE CHIP	3242151	12	2.8 OZ	GATORADE
SNACK BAR PROTEIN POPPER CHOCOLATE	7113134	24	2 OZ	NEKTER
SNACK BAR RICE KRISPIES DOUBLE CHOCOLATE	8056970	4	20 CT	KELLOGGS
SNACK BAR RICE KRISPIES MINI	8487989	1	600 CT	KELLOGGS
SNACK BAR RICE KRISPIES TREAT	7558299	4	20 CT	KELLOGGS
SNACK BAR RICE KRISPIES TREAT	7451305	5	12 CT	KELLOGGS
SNACK BAR SPECIAL K PROTEIN ASSORTED	2668935	4	8 CT	KELLOGGS
SNACK CHIP BANANA NATURAL	7043725	8	6 CT	BARE FRUIT
SNACK CHIP COCONUT TOASTED NATURAL	4741836	8	6 CT	BARE FRUIT
SNACK FRUIT MIXED FRUIT	8108714	250	1 OZ	WELCHS
SNACK HOT FRIES	6787168	64	1.75 OZ	CHESTERS
SNACK HOT FRIES	7011826	28	3 OZ	CHESTERS
SNACK MIX CHEX CHEDDAR SIMPLY	1899077	60	1 OZ	GENERAL MILLS
SNACK MIX CHEX SIMPLY HOT SPICY	1899200	60	1 OZ	GENERAL MILLS
SNACK MIX CHEX TRADITIOAL FLAVOR	7592348	60	1.75 OZ	GENERAL MILLS
SNACK MIX MANGO TANGO ALMOND	3186154	18	1.5 OZ	SAHALE
SNACK MIX SNACK-EN ORIGNAL	6750624	60	1.75 OZ	GARDETTOS
SNACK ONION	7011832	24	2 OZ	FUNYUNS
SNACK ONION HOT	7612300	64	1.25 OZ	FUNYUNS
SNACK ONION LARGE SINGLE SERVING	6725061	64	1.25 OZ	FUNYUNS
SNACK ONION OVEN BAKED WHOLE	7019343	104	1 OZ	FUNYUNS
SNACK TRAIL MIX CAJUN	3259858	72	2 OZ	PLANTERS
SNACK TRAIL MIX FRUIT & NUT	3259879	72	2 OZ	PLANTERS
SNACK TRAIL MIX NUT & CHOCOLATE	3259860	72	2 OZ	PLANTERS



Peanut Butter & Jelly

When the world is in chaos, you can always rely on the nostalgic comfort of a peanut butter and jelly sandwich. This delicious sandwich offering combines something fruity with something rich spread over fresh sliced bread. This early childhood staple provides nutritional benefits that satisfy. It's a labor saver that is versatile, convenient, fast and affordable.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
JELLY GRAPE CUP	2811834	400	.5 OZ	HOUSE RECIPE
JELLY ASSORTED #30 160 GRAPE 160 MIXED FRUIT & 80 APPLE	2812154	400	.5 OZ	HOUSE RECIPE
JELLY ASSORTED REDUCED 160 GRAPE 160 APPLE & 80 MIXED FRUIT	4152872	400	.5 OZ	HOUSE RECIPE
BREAD WHITE ENRICHED SLICE INDIVIDUALLY WRAPPED	9523952	96	1 OZ	SYSCO CLASSIC
BREAD WHEAT ENRICHED SLICE INDIVIDUALLY WRAPPED	9523986	96	1 OZ	SYSCO CLASSIC
PEANUT BUTTER CREAMY CUP	0832972	200	.75 OZ	HOUSE RECIPE
SANDWICH PEANUT BUTTER & GRAPE JELLY WHEAT	2223453	72	5.3 OZ	JM SMUCKER
SANDWICH PEANUT BUTTER & STRAWBERRY JELLY WHEAT	2223456	72	5.3 OZ	JM SMUCKER



Yogurt For On The Go

Yogurt is a delicious, nutrient-rich grab-and-go offering that complements multiple health aspects by offering more than empty calories. Yogurt provides protein and calcium in great-tasting varieties and appeals to those consumers craving satisfaction from items that not only taste great but also offer an easy-to-eat solution with portability.

DESCRIPTION	SUPC	PACK	SIZE	BRAND
YOGURT BLUEBERRY TART	0109425	12	5.3 OZ	DANNON
YOGURT VANILLA GREEK	0109445	12	5.3 OZ	DANNON
YOGURT PLAIN GREEK NONFAT	0109452	12	5.3 OZ	DANNON
YOGURT VARIETY LIGHT VANILLA & BLUEBERRY	0553018	48	4 OZ	YOPLAIT
YOGURT KEY LIME GREEK	0669356	12	5.3 OZ	DANNON
YOGURT RASPBERRY GREEK	0669376	12	5.3 OZ	DANNON
YOGURT CHERRY PIE	0688525	12	5.3 OZ	DANNON
YOGURT STRAWBERRY	0696603	12	5.3 OZ	DANNON
YOGURT CHERRY TRIX TRIPLE	0964215	48	4 OZ	YOPLAIT
YOGURT STRAWBERRY BLUEBERRY BLACK CHERRY GREEK	1036850	12	5.3 OZ	DANNON
YOGURT STRAWBERRY & BANANA ORIGINAL	1043116	12	6 OZ	YOPLAIT
YOGURT MIXED BERRY ORIGINAL	1043124	12	6 OZ	YOPLAIT
YOGURT CHERRY ORIGINAL	1043132	12	6 OZ	YOPLAIT
YOGURT BLUEBERRY ORIGINAL	1043140	12	6 OZ	YOPLAIT
YOGURT RASPBERRY ORIGINAL	1043157	12	6 OZ	YOPLAIT
YOGURT STRAWBERRY ORIGINAL	1043165	12	6 OZ	YOPLAIT
YOGURT VANILLA FRENCH	1154517	12	6 OZ	YOPLAIT
YOGURT PEACH ORIGINAL	1155043	12	6 OZ	YOPLAIT
YOGURT DRINK BLUEBERRY / STRAWBERRY DANACT	1547720	6	8 PK	DANNON
YOGURT STRAWBERRY & BANANA LIGHT	1569268	12	6 OZ	YOPLAIT
YOGURT CHERRY LIGHT	1569268	12	6 OZ	YOPLAIT
YOGURT BLUEBERRY LIGHT	1569284	12	6 OZ	YOPLAIT
YOGURT RASPBERRY LIGHT	1569391	12	6 OZ	YOPLAIT
YOGURT PEACH LIGHT	1740604	12	6 OZ	YOPLAIT
YOGURT COCONUT VANILLA GREEK	1778317	12	5.3 OZ	DANNON
YOGURT BLACK CHERRY GREEK	1792864	12	5.3 OZ	YOPLAIT
YOGURT VANILLA GREEK	1792880	12	5.3 OZ	YOPLAIT

