

SUPC 7309640 • 2/5 LB

# Lightly Crusted Alaskan Rockfish Fillets

With a mild, sweet flavor, tender bite, and light crunchy crust, our crispy rockfish fillets offer consistent sizing and versatility for an exciting unique seafood item.

CUTTING  
EDGE  
SOLUTIONS

## WHY WE LOVE IT

- **House-Made Appearance:** The lightly crusted coating provides a from-scratch look and taste.
- **Labor Saver:** Fully prepared and ready-to-cook rockfish fillets are an efficient addition to your menu.
- **Portion Control:** Allows for ease in managing food costs effectively with consistent sizing.
- **Craveable Coating:** The light crust adds a satisfying crunch to every bite, enhancing the texture and flavor of the tender rockfish inside.



### Rockfish Gyro

An Alaskan twist on the classic gyro, featuring crispy rockfish tucked into pita with a fresh tomato, cucumber, and red onion relish, all topped with creamy tzatziki sauce and wrapped in foil for an easy, portable offering.



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### Rockfish Basket

Lightly crusted rockfish served with shoestring fries, classic cocktail and tartar sauces, and a fresh lemon wedge for a simple yet refined dish.



### FUN FACT

A 5-ounce serving of rockfish contains the **daily recommended** amount of **DHA**, which promotes healthy brain function, along with healthy amounts of omega-3 fatty acids. (Alaskan Salmon Company 11.2021, National Institutes of Health 9.1999)

### APPLICATIONS

- Perfect size for street tacos and sandwiches
- Topper for rice bowls or salads
- Serve over grains and roasted vegetables for a light and flavorful menu option
- Shareable appetizer

For the full recipes, visit [SyscoFoodie.com](https://www.SyscoFoodie.com)