Market Corner

INGREDIENTS FOR YOUR SUCCESS!

PUBLISHED: July 30, 2026

POULTRY

The market is starting to have excess products on most offerings. Tender pricing is being driven down by further processors. The wing market is holding steady on all sizes. Breasts of all sizes are starting to free up. Thigh and leg meat is weak as schools are out.

SEAFOOD

U.S. pasteurized crab meat markets (Blue & Red) are expected to remain firm to higher, as regulatory-driven supply constraints and peak seasonal demand continue to support elevated pricing levels and intensify competition for available volume. Cod and haddock prices continue to strengthen due to overall high global demand and reduced raw material availability. Pollock is a great substitute, although demand for all sizes is increasing due to the lack of Cod.

BEEF

Market dynamics seem to have corrected through the early part of this week, with buyers jumping in to reload shelves. Packers have also called for a smaller harvest, which has fueled speculation of more limited supplies in the weeks ahead and increased retail interest for Labor Day ad needs.

*To learn more, contact your local Sales Consultant.

** Market Corner Produce information reflects both U.S. and Canadian markets. All other commodity information is based solely on U.S. market data.

Sysco
At the heart of food and service

Market Corner

INGREDIENTS FOR YOUR SUCCESS!

PORK

Ribs and Butts are following seasonal trends of softer markets, with butts up on the week. Back rib demand does remain strong. Bellies are on a climb upward, which should continue for a couple of weeks. Trim is rebounding from a deflationary trend.

GRAINS & OILS

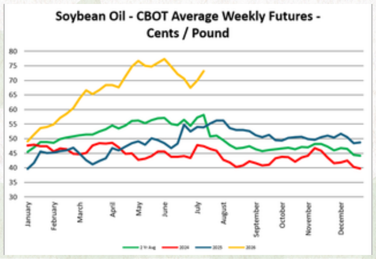
Strong biofuel demand and policy support continue to tighten the soybean oil balance sheet, although large soybean crops and periodic profit-taking may limit near-term upside momentum. Soybean oil remains in a bullish situation.

DAIRY

Shell eggs – are Flat except for Jumbos, which are Down; California Shell eggs – are Flat except for Jumbos, which are down; the Cheese Block market – up; the Butter market – is up; and Cream remains readily available.

MARKET HEADLINES

SOY BEAN OIL



BEEF

Cattle on Feed Report came out last Friday, high level overview: steady inventory, lower placements, and slow marketings.

BEEF

Beef cow numbers still edged down 1%, pointing to a very slow and cautious herd rebuild rather than rapid expansion.

Sysco
At the heart of food and service

Market Corner

PRODUCE MARKET Updates

ASPARAGUS
Sizing and quality are the biggest concern with this category as with jumbo, extra large and in many cases large in demand exceeds. Markets are high and holding. Quality issues include feathering, seeding and spreading.

AVOCADO
Mexico supplies good, quality is good, demand good and the market Is steady to higher; 48's and larger are tight while small fruit is plentiful. Category 2 fruit is tight. California supplies good, quality good, demand good, and the market is steady.

BROCCOLI
Markets is steady as supplies remain adequate this week and into next to meet the moderate to strong demand. Quality is good.

CAULIFLOWER
Market active with higher undertones with stronger demand. Supplies this week and into next week should meet demand. Quality is reported as good.

CILANTRO/PARSLEY
Market steady on cilantro and parsley as supplies are good. Quality reported as good on parsley and fair to good on cilantro with occasional yellowing in some lots.

CELERY
Supplies are a little tighter and markets have started to strengthen and higher. Demand is fair to moderate. Quality is good.

SQUASH
West - markets are strong as supplies tighten with regional transition; demand is good, and quality is expected to improve into next week. East - Zucchini supply and demand are good; the market is good. Yellow squash is limited with fair to good quality, strong demand, and increasing market

LETTUCE ROMAINE
Romaine market is steady and heart market has stabilized and steady as well. Quality is reported as good.

LETTUCE ICEBERG
Markets are a bit softer as volume looks to meet the moderate demand this week and into next. Quality is good

CITRUS - ALERT
Lemons - Supplies are tight, quality is good, demand is strong, and the market is steady to higher. Lemons are all in D2, peaking at 95/115/140 Choice; Fancy are tight. Imports are beginning to arrive on the West Coast. Mexico is getting started.
Oranges - Supplies tight, quality good, demand strong, market is steady. Valencia crop peaking 88/113/72. Small fruit will remain tight as demand starts to increase.
Limes - Market lower, demand is light allowing pricing flexibility, but limited harvesting and weather-related quality issues are expected to tighten supplies of good-quality fruit through mid to late August despite current volume..

BELL PEPPERS
West - Good supplies and quality on green and red with yellow about steady. Demand is strong. Markets about steady. East - Alert for color peppers as supplies are limited and demand increasing. Quality is good for all varieties, markets are stronger.

POTATOES - RUSSETS
Demand remains strong on larger sizes 40-70ct. Market is steady this week. The smaller sizes and #2 grade are showing better availability. Quality is good on most lots. Norkotah's and Burbank's are being shipped.

ONIONS
Demand is good for all colors from California and New Mexico. Volume is lighter due to crop gaps in California and rain in New Mexico. Washington and Idaho will be starting between July 27th, and Aug 6th. Markets are higher.

GRAPES
Quality good to very good on all, supplies of Greens fair but Red production is very good.

TOMATOES
Round, roma, and cherry tomato markets are fairly stable in both East and West regions. Product is available from TN, NC, AL, and VA in the East and from CA and Mexico in the West. Grape tomato markets are escalated but should ease as East ramps up production.

GREEN BEANS
East - supplies are tight, quality fair to good, demand strong and the market is steady .West About steady production and market. Volume expected to decrease into next week. Quality good to fair.

CORN
East - Supplies are tight , quality is fair to good, demand strong and the market is steady to higherWest-Limited volume, markets are higher, most available is white. Quality is fair, demand is strong.