

Market Corner

INGREDIENTS FOR YOUR SUCCESS!

October 1, 2026

POULTRY

Supply is available on most offerings. Tenders continue to have good supply and is the best value in chicken. The wing market is holding steady with solid supply. Breast of all sizes are readily available. Thigh and leg meat is seeing higher demand and tight supplies.



SEAFOOD

October is National Seafood Month. It is a perfect opportunity to excite your guests with delicious, responsibly sourced seafood. Make the most of this month by highlighting signature seafood dishes, introducing limited-time offers, or creating a special seafood feature menu. Whether it's wild-caught favorites or creative new recipes, showcasing seafood helps tell a story your guests will love and come back for.



BEEF

The market faced some labor challenges in the middle of last week, which tightened supplies in a couple segments of the cutout. Overall, however, cutout movement remained relatively steady compared with the start of the week.



*To learn more, contact your local Sales Consultant.

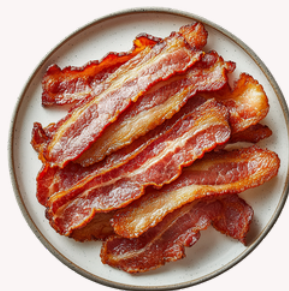
** Market Corner Produce information reflects both U.S. and Canadian markets. All other commodity information is based solely on U.S. market data.

Market Corner

INGREDIENTS FOR YOUR SUCCESS!

PORK

Ham has rebounded due to cleared inventories. Bellies have taken a sharp downward turn- be on the lookout for more downward pressure! Trim markets firmed up due to shorter harvest week from labor day, Rib demand remains elevated, with mixed markets- spares restrengthening. Butt and loin demand remains mixed.



GRAINS & OILS

Last week was slightly bearish for soybean oil, with harvest pressure and fund selling outweighing support from stronger soybean prices. The broader trend remains constructive, but traders are looking for fresh demand inputs, particularly from export and biofuel markets, but not likely to reach summer time highs.

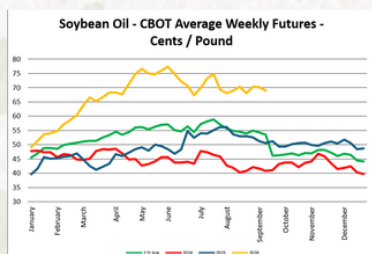
DAIRY

The weekly butter market average price for this week is \$1.3645 per lb up \$0.0055 per lb. from the prior week.



MARKET HEADLINES

SOY BEAN OIL



BEEF

After seven consecutive years of liquidation, there are emerging signs — and substantial industry hope — the U.S. beef cow herd is finally carving out a cyclical bottom.

SEAFOOD

Sysco Reliance EZ Peel is switching SUVC#s due to pack size change. (New SUPC#7511162 and #7511253, Old SUPC#7406939 and #7406940)

Market Corner

ASPARAGUS

Mexico supply has improved but not near enough to meet demand. Supply remains extremely challenged. Market is expected to hold steady.

AVOCADO

Mexico - supplies are plentiful, quality is excellent, demand fair to good, and the market is steady. California supplies are tight, quality is excellent, demand is fair to good, and the market is steady. Peru - supplies are steady, quality is good, demand is fair to good, and the market is steady.

BROCCOLI

Markets is higher as supplies remain tight as insect pressure is creating lower yields for the next 2-3 weeks. Quality is fair to good.

CAULIFLOWER

Market is steady as supplies are adequate this week, insect pressure continues to be an issue, and this market is expected to push higher in the coming weeks.

CILANTRO/PARSLEY

Market is steady on Parsley. Cilantro supplies have improved and that market is lower. Quality reported as good on both.

CELERY

Market lower as supplies are good this week and into next with softer demand. Quality is good.

SQUASH

East - Yellow squash supplies tight, quality fair to good, demand good, market higher. Zucchini supplies steady, quality demand good, market steady to higher. West - Alert Limited supplies of all varieties, markets are higher, demand is strong. Demand exceeds.

LETTUCE ROMAINE

Romaine and heart market is higher on stronger demand and lower yields. Disease pressure is becoming more prevalent and expected to push this market up.

LETTUCE ICEBERG

Supplies extremely low and quality only fair. The market is higher and expected to be very active through the end of the Salinas season

CITRUS - ALERT

Lemon: Supplies good, domestic fruit quality fair, demand fair to good and the market steady. Imports arriving with good quality, good volume and spread of size; heavy to 115/140/165/200. Mexico good quality and volume, heavy to small fruit

Limes ALERT Supplies are steady, quality is good, demand is good and the market is steady but remains elevated. The new crop is producing primarily smaller sizes, particularly 250s, 275s and 230s larger size 110s and 150s are becoming increasingly scarce.

Oranges ALERT: Supplies tight, quality fair to good, demand strong, market is steady. Small fruit remains tight on high demand, subbing sizes may be needed.

BELL PEPPERS

East - Green pepper supplies tight, quality fair to good, demand strong and market higher. Red and Yellow pepper supplies steady, quality good, demand strong and market steady. West steady supply, market and demand. Quality is very good.

RUSSET POTATOES

40-50 ct remain in lighter supply and high demand in Idaho with markets holding mostly steady. Washington larger sizes are seeing better supply and that market has eased off with other sizes steady.

ONIONS

Demand remains good for yellows. reds are starting to slow down Whites are in very high demand fueled partially by export demand. Quality is good. Pricing remains steady on yellow, lower on reds and higher on whites

GRAPES

As we get closer to the end of the California grape season, quality is getting slightly weaker, but supplies remain high and quality over all good.

TOMATOES

East supplies continue to be light. Wet weather has slowed harvest, yields are down. Mexican supplies have slowed due to Hurricane Polo, California supplies are light due to increased demand. Round markets remain fairly steady with upward pressure for Romas, Grapes and Cherries.

PRODUCE MARKET Updates

STRAWBERRIES

Warm weather is strengthening supply, market is lower. Overall conditions are favorable for more volume and southern regions contribute to final harvesting in the north. Quality remains strong.

BRUSSEL SPROUTS

Market is lower as demand is steady and supplies and yields improve. Quality is fair to good.

GREEN ONIONS

The market is higher as heat and recent rain is impacting yields and harvesting from the field, currently supplies are meeting demand, and quality is fair to good.